

Day 3 Sunday, May 20, Kunming, China

After a much needed good nights sleep, several of us were up early and off to the park by 7:00 AM for our morning exercise. We watched and



Dancing at a park close to the hotel

participated in Tai Chi with the locals. Some of us did better at this than others. Dorothy and Eve showed particular ability in dancing with the ladies. After working up a good sweat, we headed back to the hotel for breakfast and then on to the 3-Self Church for services there. The church was full to capacity with standing room only! We found a place to sit and joined in the songs they were singing, good old hymns that we all knew.

The people were very friendly and happy to have us there. The lady next to Vikki and I shared her Bible with us for the responsive reading. Her Bible was in both English and Chinese.



Standing room only third floor of the Kunming Three Self Church

Afterward, several of the team joined Dr. Yorgin in attending the International Church service. At the International Church service, Peter introduced people including Dr Doug Briggs, Dr Tan Lai Yong, Drs Dan and Nancy Lu. Doug preached on how we should avoid worshipping idols. One of his most

memorable lines was, "An idol is anything that you would sin for to have/experience".

The rest of the team went for a walk around Green Lake Park. The weather was perfect and the park was full of the people. They were there singing, doing Tai Chi and playing many kinds of instruments. In one beautiful old pagoda there were two men playing very old string instruments, another man

played the percussion on what looked like a piece of bamboo and a woman who sang beautiful Chinese opera. She had a really lovely voice. We stayed there awhile and, of course, took lots of pictures



Pagoda at Green Lake

Doctor David Dai had made arrangements for us to meet at the English Tea House. He sat us at different tables so that the people who come there could practice their English with us. It turned out to be pretty educational for all of us. I know that I learned a lot about the culture and traditions. I also know that I tasted at least 4 kinds of

tea – really, really good! One of these teas, the leaves had been aged for 15 yrs. We were told that it was good for weight loss - I drank a lot of this particular tea. Vikki, the littlest person in the group bought a whole cake of this tea! Go figure!!

After all this tea we were ready for lunch and then off to the Bird and Flower Market. Several of us went there for some great shopping and others went off for a massage. A massage here is about \$4.00 for 1 hour. I haven't experienced this yet, but will before we leave.

This first full day in China was a wonderful day to worship our Lord, relax, get over our jet lag and prepare for our first day of work at YunDa, the largest hospital in Kunming. This is a beautiful country with warm, friendly people. We have devotions morning and evening, praying that we can bring as much to them as they have given to us.

Written by:
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